

Dr.Sadia Chaman

Personal Details:

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Goal:

Achievement of highest levels of knowledge and skills through training and education and imparting that to the successors to serve the nation. Development of policies regarding healthcare after implementing the research and sharing the outcomes to the public for its beneficial effects to change the healthcare indicators and system of Pakistan.

Membership & Skills Profile

- 2 years experience as a Pharmaceutical marketing personal.
- · Leadership, team management and excellent communication skills.
- Teaching and research in Pharmacognosy and pharmacy practice
- Member of the team Involved in the process of curriculum development for M.Phil Pharmaceutics.
- Member of the team Involved in the process of curriculum development for M.Phil Pharmaceutical chemistry.
- · Member IPS Board of Studies.
- Member IPS purchase committee
- Member IPS synopsis scrutiny committee
- Member MPhil synopsis scrutiny committee Sc I(Till March 2020)
- IPS student advisor (2010- March 2020)
- · Incharge IPS botanical garden
- Associate director student affairs, UVAS, Lahore(2012-2014)
- Member syndicate UVAS, Lahore(23,June,2016)
- Member faculty board of studies FBS(jan-2020)
- · Incharge floral club UVAS
- Subject coordinator Pharmacognosy(Sep 2020)
- IPS focal person Corona SOP implementation committee(2020 to date)
- · IPS focal person orientation pogramme for first year

Work History

Lecturer:

9th August, 2010- to date (10-years &6 months)

Institute of Pharmaceutical Sciences(IPS), The University of Veterinary and Animal Sciences, Lahore

6th March2010 -8 august 2010

University Of Faisalabad, Faisalabad

Product Manager (2 -years)

Medimark Pharmaceutical Lahore (2005-2007)

Production Manger (1 -year) Surgical Fiber Lahore

Ph.D (Pharmacognosy) November, 2019

University college of pharmacy, Punjab university Lahore

Education

M. Phil -Pharmacognosy (2009)

85 % above marks 3.382GPA 1st Division

Distinction 1st position

University college of pharmacy ,Punjab university Lahore

Bachelors of Pharmacy (January 2004)

University college of pharmacy ,Punjab university Lahore

Intermediate (Pre-medical) 1999

Army Public College Sialkot Cannt.

Secondary School Examination 1997

PAF Intermediate College Masroor Base Karachi.

Trainings, Workshops & Conferences Attended

- Training (2nd February 2011 to 2nd march 2011)
 Professional Competency Enhancement Program for Teachers: Organized by National Academy of Higher Education HEC in Collaboration with University of veterinary and Animal Sciences, Lahore, Pakistan.
- One day online virtual workshop on "Scientific writing 23rd jan 2013 LFJ
 national sciences. Information centre for chemical and biological sciences)
 under the virtual education project Pakistan (VEPP)
- Workshop (4th 5th January 2012)
 Controlling Laboratory Biorisk
 University Of Veterinary And Animal Sciences.
- International Conference Toxicology (26th 27th January 2012)
 Pharmacology department University of Veterinary & Animal Sciences
 Lahore
- Pharmacist health care services hospital IPS UVAS April 17th 2013
- International conference on"Pharmaceutical toxicology"25-26April 2013 in collabortaion with HEC and Department of clinical neurosciences university of Cambridge UK
- 2nd National Pharmacy Conference and Exhibition"Pharmacy profession for prosperous health Feb 8-9,2013 Bahawalpur Pakistans.
- International conference & expo 2014 "Recent developments in human nutrition on 19-20 march, 2014 pearl continental hotel Lahore organized by UVAS in collaboration with nutritionists association of Pakistan(organizer)
- Two days laboratory animals hand on workshop June 18-19 June, 2014 at conference hall UVAS Lahore organized by UDL & department of clinical medicine & surgery.
- One day workshop on Nanotecnology 27, August 2015 organized by chemistry department GC University Lahore.
- One-week training workshop on "In-service short term training of university and college faculty" (16 to 20, May 2016) in collaboration with HEC & CEPA, UVAS Lahore.

- One-week training workshop on "In-service short term training of university and college faculty" (1 to 5, August 2016) in collaboration
- with HEC & CEPA, UVAS Lahore. (TRAINER communication skills)
- Workshop on "How to use the statistical tools in research publications" 9-10 August, 2016 arranged by department of statistics and computer science faculty of life sciences and business management UVAS Lahore.
- National work shop on chromatographic techniques .October 30-31 2017.organised by QOL UVAS LAHORE.
- International conference on recent advances in clinical research.19-20 December 2017, organized by Department Of Physiology, UVAS Lahore, with collaboration of department of Neurology Postgraduate Medical Institute Lahore, Pakistan.
- A talk by Dr .Anton V. Dolzhenko Associate Professor, Monash University Malaysia, Practical synthesis of bioactive compounds on purine isosteric scaffolds held on 22nd Oct,2018 at IPS,UVAS Lahore.
- 1st GRIP International conference of Pakistan on water and energy research (IC-POWER) .exhibition and conference held on 24-25 October 2018 at Expo center Lahore.
- 1st national workshop on sterile compounding and aseptic technique .special focus on handling of hazardous medication held on 2nd January,2019 at academic block focal person Dr Usman IPS UVAS.
- 2nd GRIP International conference of Pakistan on Pharmaceuticals and Biochemical sciences (IC-PBS) and 8th Pak pharma / healthcare Expo 2019.exhibition and conference held on 15-17 January, 2019 at Expo center Lahore.
- Training workshop on Statistical methodologies in biomedical and health sciences held on 25th -28th Feb,2019 at UVAS, Lahore organized by Department of Statistics and computer Sciences,UVAS
- Training workshop on Mendeley software by Elsevier on April 3-4,2019, organized by Department of Food sciences and human nutrition UVAS, Lahore.
- Training workshop on ethical teaching in collaboration with QEC,UVAS Thursday,25th July 2019.

- **International conference** ICPU2019 Recent innovations in molecular sciences 6-8 November, 2019 organized by University of the Punjab , Lahore.
- International conference of research on oncology and cancer sciences (IC-ROCS)-202 & Pakistan cancer awareness program(P-CAP) 30 Jan,2020 (29Jan-22Feb)Punjab University College of Pharmacy ,PU, Lahore

Presentations & Seminars

International Conference on Research Methodology New trends and approaches from bench to bedside (6th-8th September 2012)

Paper title contraceptive properties of Seabuck thorn berries University College of Pharmacy Punjab University, Lahore. Health care summit 18 May,2013

Abstracts published:

Phytochemical screening and biological evaluation of Hibiscus rosa-Sinensis .IPEC 2016, Lahore – Pakistan.

Phytochemical screening and biological evaluation of Seabuck thorn berry. IPEC 2016, Lahore – Pakistan.

Research Works

Phytochemical & Biological Properties of Seabuckthorn berries

- Phytochemical Analysis, Antioxidant And Antibacterial Effects Of Sea Buckthorn Berries Pak. J. Pharm. Sci., Vol.24, No.3, July 2011, pp.345-351 impact factor (1.8)
- Hepato-Nephro-Protective as well as Hypoglyscemic Effects of Sea Buckthorn Berries (Hippophae rhamnoides L.) in Rabbits and Humans. Latin American Journal of Pharmacy 30(9) 1780-4 (2011) International - impact factor 0.309
- Detection and measurement of zinc concentration in selected indigenous medicinal plants of Pakistan .Advances in Pharmaceutical and Ethnomedicines.2(1):10-13.
- Evaluation of spermicidal property of Hippophae rhamnoides L. berries. Acta Pol Pharmaceutica. 2016 impact factor 0.87
- Antihyperlipedemic effect of the Hippophae rhamnoides berry extract: A comparative in vivo study in rabbits. Journal of Pharmacy and Pharmacology. (JPP-15-0894 in review) impact factor 2.264
- Physicochemical and Phytochemical analysis of *Euphorbia* prostrate. Asian journal of Organic and Medicinal Chemistry. vol 1(4)2016, pp126-131.

- In-vitro studies on acetylcholinesterase and butyrylcholinesterase inhibitory potentials of aerial parts of Vernonia oligocephala (Asteraceae) Tropical Journal of Pharmaceutical Research December 2018; 17 (12): 2445-2448 ISSN: 1596-5996. http://dx.doi.org/10.4314/tjpr.v17i12.20
- Cytotoxic and antiviral potential of Euphorbia milli var. splendens leaves against peste des petits ruminants virus. Tropical Journal of Pharmaceutical Research, 2019.